



Raise pennies

and pounds

for the Lord

Mayor's charity

Fundraising Pack



Friday 17 May 2024

Supporting

Women's Counselling
and Therapy Service



Share your stories

@LordMayorLeeds

lordmayoroffice@leeds.gov.uk

www.leeds.gov.uk/lordmayor



Registered Charity number 512441

Lord Mayor's Charity Appeal Councillor Al Garthwaite The Lord Mayor of Leeds

Every year, each Lord Mayor chooses a Leeds-based charity close to their heart to champion during their year in office. This year's Lord Mayor, Councillor Al Garthwaite, has selected the Women's Counselling and Therapy Service.



Women's Counselling
and Therapy Service



Since 1982 the Women's Counselling & Therapy Service (WCTS) have offered free therapy and support for women and girls living in Leeds.

WCTS also have a mission to increase general awareness of women's mental health and they work to reduce stigma and shape national strategies to improve women's lives, both in Leeds and across the UK.

Last year alone, WCTS provided one-on-one services to over 550 women; supporting them to heal and find their way back to healthy and fulfilled lives. But demand for their services is rapidly growing and WCTS are needed more than ever. Your donations ensure they can expand and continue to support women and girls in need.

10 ways to fundraise

This fundraising pack includes ten fun and exciting ways you can raise money for the Lord Mayor's charity appeal.



BAKE OFF



MAKE A QUIZ

Why not get your family and friends involved in a bake off. Set a challenge of baking and decorating a cake withing a limited time frame. Ask participants for a donation to take part in the event or sell your cake after the event.



You're the quiz master. Put together 20 questions and invite your friends and family to take part over video call by making a donation to play.



FITNESS CHALLENGE

Pick an exercise to do every day for a month - anything from jumping jacks to press ups - and see if your family and friends will kindly sponsor you.



SCAVENGER HUNT

Host your own scavenger hunt inviting friends and family to hunt down a list of items. Ask for a donation to take part.



RUN A CLASS

Teach your friends or colleagues something new, like yoga, a language or cooking class. Ask for a donation in return.



HOST A GIG

If you have a musical talent host your own gig, it could be online or in the office. Invite friends and family to join by making a donation.



MOVIE NIGHT

For all the film fanatics out there, find a movie all your friends can access then go to town making your own home cinema. PJs and snacks encouraged! Send the **Just Giving** link round after the films.



CRAFTERNOON

Roll up your sleeves and get together with friends for a crafternoon. Individuals can donate to get involved, whether it's tie dying, knitting, embroidery or your very own creative pursuit.



GAMING MARATHON

Love gaming? Take on a sponsored gaming marathon to raise vital funds. This could be a 6, 12 or 24 hour challenge. You could even get together a team and try a tag team marathon.



RUN A BOOK CLUB

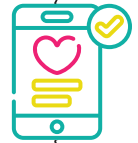
Set up a book club and invite friends, family and colleagues to exchange your favourite books. Donate the money you would've spent on buying the books to the Lord Mayor's charity appeal.



Set up your own Just Giving Page



The money you raise will help the Lord Mayor's charity:



1.

Log into your account and click "Start fundraising". Click "A Charity", to the question "What are you raising money for?"

2.

Search for "LMCA" denoted with this logo. Enter your event type or select "Doing my own thing".



3.

Choose your Fundraising page URL. This is the link you'll be sharing with friends and family when asking them to donate.

4.

Click 'Create your page' and job done! Your Fundraising Page is now set up and ready to accept donations.

How to donate?

Donations can be sent via Just Giving using the QR code or link below.



www.justgiving.com/lmca

Or send a cheque payable to The Lord Mayor's Charity Appeal to:

**The Lord Mayor's Office,
1st Floor West, Civic Hall, Leeds LS1 1UR**

Share your stories

Don't forget to share your fundraising stories and activities on social media - tag the below on Twitter and we'll retweet and share as many as possible!

Lord Mayor

@LordMayorLeeds



Thank you!