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This guide is designed to be a practical and easy-to-use document that will help you identify the best solutions for householders who are worried about keeping their homes warm and safe and paying their energy bills.

There is help and support available from a range of providers – including the government, energy suppliers and network companies. This guide aims to give you the tools you need to identify help quickly and easily.

Fuel poverty results from a combination of factors; low household income, unaffordable energy prices, and the poor heating and insulation standards of the housing stock. Fuel poverty now affects around 4 million UK households.

The UK Government and each of the UK nations formally recognise the need for citizens to adequately heat and power their homes. In England, the target will ensure that as many fuel poor homes ‘as is reasonably practicable’ achieve a minimum energy efficiency standard of band C by 2030, with interim targets of band E by 2020 and band D by 2025. This is supported by a strategy and presents us all with the most significant opportunity in decades to put policies and practices in place to end fuel poverty.
1.1 About NEA

National Energy Action (NEA) is a national charity with the primary aim of ending fuel poverty for all households in England, Wales and Northern Ireland. NEA seeks to achieve this objective through a wide range of activities including campaigning work, policy development, implementation of practical programmes and training and advice services.

Campaigning and policy work
• NEA seeks to influence the political process at local, regional and national level by making well-researched and informed representations on the causes and consequences of fuel poverty and on the policies and programmes required to remedy the problem.

Practical projects
• NEA has sought to identify practical solutions to fuel poverty through innovative projects demonstrating the potential of heating and insulation programmes, quality energy advice and use of renewable and alternative technologies to provide affordable warmth.
• NEA offers authoritative and expert training to organisations and individuals providing advice, guidance and information to energy consumers and, in particular, to disadvantaged consumers.

1.2 About this guide

This guide is intended to assist Members of Parliament, local authority councillors and advice workers in identifying problems associated with unaffordable energy costs and to help provide information and guidance on how to work towards resolving these problems.

It considers the most common areas of concern for domestic energy consumers and describes their rights and entitlements, and the agencies available to assist them.

This guide describes practical action to alleviate fuel poverty, to benefit the health and well-being of householders and to increase their disposable income. Also contained within the guide are details of the specialist agencies to which householders can be referred.

The causes of fuel poverty are inadequate thermal insulation, inefficient and uneconomic heating systems, low household income, and high fuel prices. The consequence is that millions of households cannot afford sufficient warmth for health and comfort.

However, fuel poverty can often be a complex problem and there may be a range of different actions that can be taken to improve the circumstances of a householder or client.
1.3 Identifying the problem

Individuals will rarely identify themselves as suffering from fuel poverty. Instead they will often highlight a range of problems that could be signs of fuel poverty. Common complaints are:

- I CAN’T PAY MY ELECTRICITY/GAS BILL
- I’M ABOUT TO BE DISCONNECTED
- I CAN’T AFFORD TO HEAT MY HOME
- MY HOUSE IS COLD
- MY HOUSE IS DAMP
- I’M ALWAYS ILL

Solutions

Ensure client is on the best payment option

Go to Part 2 Paying for energy

Check availability of welfare benefits

Go to Part 3 Maximising income

Check availability of grants to improve heating and insulation in the home

Go to Part 4 Warmer homes

Discuss the potential for saving money by switching supplier(s)

Go to Part 5 Switching supplier

Ensuring your home is warm and safe

Go to Part 6 Safety in the home
Difficulties in paying for gas and electricity and the threat of disconnection can be a symptom of fuel poverty, although they may also be caused by an unexpectedly high bill. The long-term solution lies in improved heating and insulation standards. In the short-term, however, it is necessary to consider the support and protection available to those customers in difficulty with their fuel bills.

2.1 Action
If the bill is unexpectedly high, advise the client to contact the gas or electricity supplier to have the meter read or to provide their own reading. An unexpectedly high bill may be caused by the meter being misread, or by a succession of underestimated bills followed by an accurate bill.

2.2 Contacting the energy supplier
Energy suppliers will work with customers to find solutions to payment difficulties but they can only do this if they are alerted to the problem. Where customers cannot afford to pay their bill, the priority is to contact the energy supplier as soon as possible to agree a payment plan. It should be remembered that:

- Ability to pay is the main criterion in working out affordable repayment of debt
- People can be over-optimistic about their ability to repay debt and should be encouraged to pay only what they can reasonably afford. Clearing the debt reduces worry and allows consumers more choice of supplier, but it is essential that they do not commit themselves to unrealistic levels of repayment
- Energy suppliers offer special payment plans to help those in debt, often with an extremely low debt recovery level.

2.3 Energy suppliers and customers in difficulty
Energy suppliers must follow procedures laid down by the regulator in dealing with vulnerable and disadvantaged customers. These include:

- Offering a wide range of payment methods
- Following strict procedures for dealing with customers in difficulty in order to prevent disconnection from supply
- All participating electricity suppliers are required by mandate to give a Core Group discount to eligible clients on their electricity bills (the Warm Home Discount). They are also required to run Broader Group schemes for some other vulnerable consumers on low incomes. Check with the supplier for details of the benefits on offer and the eligibility criteria (see page 19 for more details).

Customers must not be disconnected if:

- A payment arrangement is kept to or a prepayment meter is installed
- They are deemed vulnerable customers

Suppliers are responsible for deciding whether a customer is vulnerable and where a supplier determines that a customer is, for reasons of age, health, disability or severe financial insecurity, unable to safeguard their personal welfare or the personal welfare of other members of the household, the customer will not be disconnected at any time throughout the year.

Households with children
To offer additional support to households with children, the main energy suppliers have agreed to the following minimum standards in relation to households with children:

- During the winter period (1st October to 31st March) they will not knowingly disconnect either the electricity or gas supply of a household with a child under the age of 16.
• Outside the winter period, Energy UK members will not knowingly disconnect either the electricity or gas supply of a household with a child aged five years or younger, provided that the customer commits to paying a “consumption only” arrangement, thus showing a commitment to paying for future energy use.

For further information on protecting vulnerable customers from disconnection see The Energy UK Safety Net Protecting Vulnerable Customers from Disconnection www.energy-uk.org.uk/files/docs/Disconnection_policy/Sept15_EUK_Safety_Net.pdf (please copy and paste into your browser)

2.4 Explore other payment options
Energy suppliers offer a wide range of payment options but it is important to consider the disadvantages as well as the benefits associated with all payment arrangements before deciding on what is the most appropriate method.

For example, although a prepayment meter may work as a budgeting aid for some consumers, it can also be more costly and there is a risk of being left without a fuel supply if the key or card cannot be charged for any reason. Prepayment meter prices have recently been capped but it is always important to check the unit cost of gas/electricity when considering a prepayment meter to ensure it will be cost effective.

Direct debit generally offers the lowest fuel costs and can be extremely convenient although there is a possibility that there may be insufficient funds to meet the agreed monthly payments and the household will incur bank charges. Households without a bank account cannot enter into a direct debit arrangement.

The table on page 8 illustrates the main advantages and disadvantages associated with the most common payment arrangements.

2.5 Installing a prepayment meter
Energy suppliers have a set of principles to make sure a householder is treated fairly if they have a prepayment meter, or if they are considering installing a prepayment meter. These include:
• to check whether they are vulnerable before forcing them to have a meter and offering a different payment method if appropriate
• to consider changes to their circumstances, which may mean exchanging the meter if it’s no longer safe or practical for them to have one
• to extend the emergency credit if they run out overnight or at Christmas or New Year public holidays
• if they’re vulnerable, but it’s still considered safe for them to have a meter, offer more support including advice on tariffs and benefit checks, or referral to another organisation offering benefit checks
• to improve communication with prepayment meter customers.
• ensure that staff are adequately trained to deal with customers who might be at risk of self-disconnection

If the supplier hasn’t kept to these principles then a complaint can be made. For more information see: www.energy-uk.org.uk/files/docs/PPMPrinciples-2016.pdf (please copy and paste URL into your browser if the link does not work)
## Table 1. Payment options for energy consumers

<table>
<thead>
<tr>
<th>Payment Type</th>
<th>Advantages</th>
<th>Disadvantages</th>
<th>Who it would suit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekly/ Fortnightly/ Monthly budget payments</td>
<td>• Small payments on a regular basis (usually made using a payment card)</td>
<td>• Possible inconvenience and travelling costs to reach payment agents • Some Post Offices and banks may charge for use of this facility to make payments</td>
<td>• Households without bank accounts • Households repaying debts</td>
</tr>
<tr>
<td>Prepayment meters such as Card meter/Token meter/ Key meter</td>
<td>• Pay for energy as it is used and so avoid large bills • Can budget according to means</td>
<td>• Limited number of payment agents • Possible inconvenience and travelling costs to reach payment agents • Customers need to understand how standing charges and debts are taken through the meter so that they know their available credit • If credit runs out there is limited emergency credit before supply is disconnected</td>
<td>• Those who don’t find access to payment agents a problem • Customers who want to avoid getting into debt or who want to manage an existing debt</td>
</tr>
<tr>
<td>Fuel Direct</td>
<td>• Payment for current use of energy and debt taken directly out of benefits • Energy expenditure and debt repayment evenly spread</td>
<td>• If current consumption is more than the amount deducted from benefit, debt will increase and so will future deductions • No flexibility in budgeting</td>
<td>• Only for those on specific means-tested benefits who are, or have been, in energy debt • Particularly suitable for those who have difficulty managing their finances.</td>
</tr>
<tr>
<td>Monthly or Quarterly Direct Debit/Standing Order</td>
<td>• Payment is the same time and amount every month, which may help with budgeting • With direct debit, once the arrangement has been established there is no need for further action on the customer’s part • The direct debit payment method is the easiest for companies to administer, so discounts can be given (highest discount is for online direct debit) • Payment amounts can easily be revised to cover changes in consumption levels • With a Standing Order the customer has more control over payments made</td>
<td>• May be paying too much or too little if bills have been estimated • If payments have not been adjusted to cover changes in consumption a debt may have accrued which needs to be repaid • Bank charges may be incurred if payments cannot be claimed due to insufficient funds • When payment amounts need amending on a Standing Order the customer has to contact the bank/building society</td>
<td>• Households with regular income • Households with a bank/building society account • Those who want to spread energy costs over the year and avoid high winter fuel charges.</td>
</tr>
</tbody>
</table>
2.7 Where to turn for help

The larger energy suppliers provide additional support for some of their most vulnerable customers. The type of support and contact details for further information are set out below. Some trust funds are administered by Charis Grants on behalf of suppliers.

<table>
<thead>
<tr>
<th>Company</th>
<th>Scheme</th>
<th>Contact</th>
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<tbody>
<tr>
<td>British Gas</td>
<td>British Gas Energy Trust</td>
<td>Tel: 01733 421021 (Charis application request line)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.britishgasenergytrust.org.uk">www.britishgasenergytrust.org.uk</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Email: <a href="mailto:bget@charisgrants.com">bget@charisgrants.com</a></td>
</tr>
<tr>
<td>EDF Energy</td>
<td>EDF Energy Trust</td>
<td>Tel: 01733 421021 (Charis application request line)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.edfenergytrust.org.uk">www.edfenergytrust.org.uk</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Email: <a href="mailto:edfet@charisgrants.com">edfet@charisgrants.com</a></td>
</tr>
<tr>
<td>E.ON</td>
<td>E.ON Energy Fund</td>
<td>Tel: 03303 801090</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.eonenergyfund.com">www.eonenergyfund.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fill in online application and submit evidence to:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Email: <a href="mailto:EONEnergyFund@charisgrants.com">EONEnergyFund@charisgrants.com</a></td>
</tr>
<tr>
<td>npower</td>
<td>• npower Energy Fund</td>
<td>Tel: 01733 421021 (Charis application request line)</td>
</tr>
<tr>
<td></td>
<td>• Health Through Warmth</td>
<td><a href="http://www.npowerenergyfund.com">www.npowerenergyfund.com</a></td>
</tr>
<tr>
<td></td>
<td>• MacMillan Fuel Management Programme</td>
<td>Email: <a href="mailto:npef@charisgrants.com">npef@charisgrants.com</a></td>
</tr>
<tr>
<td></td>
<td>domestic customers of npower to clear gas</td>
<td>The Health Through Warmth scheme is not restricted to npower customers.</td>
</tr>
<tr>
<td></td>
<td>and/or electricity arrears.</td>
<td>Tel: 0800 022 220</td>
</tr>
<tr>
<td></td>
<td>Health Through Warmth offers help to people</td>
<td>Email: <a href="mailto:healththroughwarmth@npower.com">healththroughwarmth@npower.com</a></td>
</tr>
<tr>
<td></td>
<td>who have long term illnesses and are finding</td>
<td></td>
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<tr>
<td></td>
<td>it hard to fully fund heating systems/repairs and insulation</td>
<td></td>
</tr>
<tr>
<td></td>
<td>in their homes.</td>
<td></td>
</tr>
<tr>
<td>ScottishPower</td>
<td>ScottishPower Hardship Fund (customers only)</td>
<td>Tel: 0808 800 0128</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.SEDhardship.fund">www.SEDhardship.fund</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Social Enterprise Direct administers this fund for ScottishPower)</td>
</tr>
<tr>
<td>SSE</td>
<td>SSE Priority Assistance Fund</td>
<td>Tel: 0800 096 6192</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.sse.co.uk/help/accessibility/priority-assistance-fund">www.sse.co.uk/help/accessibility/priority-assistance-fund</a></td>
</tr>
</tbody>
</table>

If a householder has problems paying their energy bills or with their supplier they are encouraged to contact the Citizens Advice Consumer Service on 03454 040506

2.8 Special circumstances

If the householder is elderly, chronically sick or disabled, see the special section on support for these customers on page 19. If the householder is unhappy about the way they have been treated by their energy company see the Complaints and Enquiries section on page 21.

Details of how to contact these agencies should be entered in the appropriate boxes on pages 22-23.
Part 3: Maximising Income

Low income is one of the main causes of fuel poverty. Part of the long-term solution to fuel poverty lies in ensuring that families and individuals are as financially secure as possible and receiving all the benefits to which they are entitled.

3.1 Action
Advise the householder to contact their local office of the Pension Service or Jobcentre Plus, Citizens Advice Bureau, Money Advice Agency or Welfare Rights Office (see contact sheet on pages 22-23) to ensure that they are receiving the benefits to which they are entitled. These agencies may also advise on access to other financial services. The charity Turn2us also provides comprehensive benefits information including a benefits calculator:
https://www.turn2us.org.uk/Find-Benefits-Grants

• www.turn2us.org.uk

Accessing benefits will not only increase a householder’s income, it may also passport them to other forms of financial assistance.

For households that are claiming benefits the following assistance may be available:

3.2 Local welfare assistance scheme
Local provision of welfare assistance schemes are administered by local authorities in England, and different local authorities have established different schemes of provision. Support may include the provision of grants, ‘no interest’ loans, provision of ‘white goods’, or delivery of services by the council or subcontractors. Generally they are not proposing to offer cash except in exceptional circumstances.

Contact the relevant local authority for further information on what is available in the local area.

3.3 Budgeting loans / budgeting advance
Budgeting loans (or budgeting advance for those in receipt of Universal Credit) are interest-free loans intended to help households where a period of dependence on income-related benefits has made budgeting for intermittent expenses difficult. A budgeting loan is not available for gas or electricity charges or for standing charges although priority is given to meter...
installation, reconnection charges and the cost of non-mains fuel such as oil, bottled gas, paraffin and coal. Any budgeting loan will be reduced by the amount of personal savings over £1,000 or £2,000 if the applicant or partner is over state pension age. Contact the local JobCentre plus office or Department for Work and Pensions for a claim form.

3.4 Short-term benefit advances
A claimant may be able to get an advance payment of benefit, called a short-term benefit advance, if either:

- There is a delay in giving a decision about their claim but the decision-maker is of the view the claimant is likely to be entitled;
- The claimant has an award but there is a delay in paying the benefit (or an increase in the benefit).

In both cases a short-term advance can only be made if the claimant is in ‘financial need’, which means that because of the delay there is a serious risk of damage to the health and safety of the claimant or a member of their benefit family, for example the health risks of not being able to pay energy bills.

Short-term advances can be made in respect of any benefit except:

- HOUSING BENEFIT
- ATTENDANCE ALLOWANCE
- DISABILITY LIVING ALLOWANCE
- PERSONAL INDEPENDENCE PAYMENT
- CHILD BENEFIT
- GUARDIAN’S ALLOWANCE
- STATUTORY SICK PAY
- STATUTORY MATERNITY PAY
- STATUTORY PATERNITY PAY or
- STATUTORY ADOPTION PAY

A short-term advance is recovered through deductions from subsequent benefit payments.

3.5 Sure Start maternity grants
A Sure Start maternity grant is a one-off payment of £500 available to help with the costs of a new-born or adopted baby for households with no other children under 16, or in some cases where there is a multiple birth and there is already a child or children under the age of 16 in the family and where the mother or partner are receiving income-related benefits. This does not have to be paid back and those who are eligible should apply for this before budgeting loans or short-term benefit advances. Applications are made via Jobcentre Plus or the
3.6 Cold weather payments

Cold weather payments are made to eligible households in an area where a period of 'exceptionally cold weather' has occurred or been forecast to occur. The amount of the payment is £25 for any qualifying week.

A period of cold weather is defined as seven consecutive days during which the average daily temperature is 0°C or lower.

Eligible households are those who are:

- In receipt of Pension Credit
- In receipt of Income Support or income-based Jobseeker’s Allowance and have one of the following:
  - a disability or pensioner premium
  - a child disability premium
  - Child Tax Credit that includes a disability or severe disability element
  - a child under five living with you
- In receipt of income-related Employment and Support Allowance (ESA) and have any of the following:
  - the support or work-related component of ESA
  - a severe or enhanced disability premium
  - a pensioner premium
  - a child who is disabled
  - Child Tax Credit that includes a disability or severe disability element
  - a child under five living with you
- In receipt of Universal Credit and not employed or self-employed and one of the following apply:
  - in receipt of a limited capability for work element (with or without a work-related activity element)
  - in receipt of the disabled child element (whether employed or not)
  - Have a child under five living with you

There is no need to claim since payment should be made automatically.

Note: If the household/client is elderly, chronically sick or disabled see the special section on support for these customers on page 19.

3.7 Winter Fuel Payments

A Winter Fuel Payment is an annual payment of between £100 and £300 to help people with the costs of keeping warm in the winter.

Payments are made automatically between November and December to those who have claimed it before or who are in receipt of the State Pension or another social security benefit (not Housing Benefit, Council Tax Reduction, Child Benefit or Universal Credit). If the householder hasn’t claimed before or isn’t in receipt of these benefits they will need to obtain a claim form by calling the:

Winter Fuel Payments helpline on 0800 7310160 or Gov.uk on https://www.gov.uk/winter-fuel-payment
Part 4: Warmer Homes

The most effective solution to fuel poverty lies in energy efficiency improvements to ensure that the fabric of the dwelling is insulated to as high a standard as possible, and that the heating provision is efficient and economic.

Some dwellings may only require simple, common-sense measures to make a difference and in such cases basic energy advice may be all that is needed. Other dwellings may need more substantial work to help make them energy-efficient. In these cases, financial assistance or other practical help may be available.

4.1 Advice
Obtain energy efficiency advice from the energy supplier.

Even comparatively basic improvements may make the difference between fuel poverty and affordable energy costs, and advice is widely available.

All major suppliers of gas and/or electricity to domestic customers are required to provide advice and information on the efficient use of energy.

Information from your energy company is available by calling the number on the back of your energy bill.

4.2 Practical help
Discuss the client’s circumstances to identify grants or loans that may be available. Help the householder to make contact with the relevant body and get the practical help they need.

There are several sources of practical assistance for domestic energy efficiency improvements, although eligibility may depend on household income, housing tenure, age or disability.

Eligible households may receive grants for heating and/or insulation improvements from the company that supplies their gas or electricity and through equivalent programmes in the devolved administrations.
Part 4: Warmer Homes

4.3 The Energy Company Obligation (ECO)
The Energy Company Obligation (ECO) is a programme designed to reduce Britain’s energy consumption and support people living in fuel poverty by funding home improvements. ECO places obligations on some domestic energy suppliers to provide support to fund measures for eligible households. These obligations must be achieved through the promotion of energy efficiency measures to domestic energy users.

ECO is a complex initiative. Eligibility and availability of individuals and packages of measures is dependent on individual circumstances and the provider.

4.4 Warm Home Discount
The Warm Home Discount scheme is a programme that offers support with energy costs to low-income vulnerable households.

More information regarding ECO can be found at www.simpleenergyadvice.org.uk

All of the main energy suppliers are required to participate in the scheme by providing discounts on electricity bills for eligible households. A number of other electricity suppliers participate on a voluntary basis.

There are two main elements of the Warm Home Discount - a mandatory discount for specific households (the Core Group) and a discretionary discount for other low-income vulnerable households. Members of both groups are entitled to the same level of assistance but, while members of the Core Group receive the discount automatically, other households will generally have to contact their supplier for access to the Broader Group discount.

This year eligible households will get a £140 discount on their electricity bills.

Householders wishing to enquire about the Warm Home Discount eligibility criteria should contact their energy supplier.
Part 5: Switching Supplier

Energy prices are likely to stay high which means any action to reduce household fuel bills will have a beneficial effect on fuel poverty. In the competitive market, savings can often be made by switching to another electricity and/or gas supplier. This should be a relatively easy process but some people may find it confusing. The key to making switching easier is gaining access to good quality, independent information.

5.1 Action
Gas and electricity markets in Great Britain have been fully competitive since 1999. This means all householders have a choice of gas and electricity supplier. Customers who have never switched supplier are more likely to be able to reduce their bills significantly but most consumers can reduce their existing fuel costs if they shop around to get the best deal.

Some utility companies also offer specific energy packages tailored to meet the needs of particular sections of the community. These may, for example, comprise rebates, discounted charges or fixed-rate tariffs.

5.2 Obtain information so that accurate price comparisons can be made
Suppliers must give accurate advice to enquirers about savings they offer, although they will need information about the household’s energy consumption. Customers should ask about both gas and electricity (savings on one fuel may be outweighed by charges on another) and about total bills (the advantage of no standing charge may be outweighed by higher unit prices).

There are a number of officially accredited price comparison sites that enable consumers to enter data about their energy consumption and preferred payment methods in order to identify potential savings on fuel bills.

Ofgem-accredited price comparison sites:
- WWW.ENERGYHELPLINE.COM
- WWW.ENERGYLINX.CO.UK
- WWW.MONEYSUPERMARKET.COM
- WWW.MYUTILITYGENIUS.CO.UK
- WWW.SIMPLYSWITCH.COM
- WWW.SWITCHGASANDELECTRIC.COM
- WWW.THEENERGYSHOP.COM
- WWW.UNRAVELIT.COM
- WWW.USWITCH.COM
- WWW.QUOTEZONE.CO.UK

Citizens Advice also offer a free, impartial online energy comparison service at:
- WWW.ENERGYCOMPARE.CITIZENSADVICE.ORG.UK
Part 5: Switching Supplier

Accredited switching sites have the advantage of being constantly updated and so the information should always be reliable and current.

NB: Switching sites may not contain information about any discounted tariffs offered to certain categories of vulnerable customer by energy suppliers. Normally these tariffs are only open to existing customers.

Further information can be found at www.simpleenergyadvice.org.uk

Note: If a client is unhappy with the way they have been treated during the process of switching supplier, or if there is any other area of disagreement with an energy company, they can complain to the Energy Ombudsman.

Contact details are below:

Energy Ombudsman
PO Box 966
Warrington
WA4 9DF

Tel: 0330 440 1624
Fax: 0330 440 1625
Textphone: 0330 440 1600

Telephone lines are open Monday to Friday, 8am to 8pm and Saturdays 9am-1pm, closed on Bank Holidays.

Email: osenquiries@os-energy.org
5.3 The process of switching

Once a new supplier has been chosen the procedure is as follows:

1. **Agree a contract**
   A contract with the new supplier must be agreed before arrangements to supply gas or electricity can be made. The contract can be agreed either at home or over the telephone. Some suppliers will also allow the customer to sign up over the internet.

2. **Cooling-off period**
   When any contract is signed to switch supplier there is, by law, a 14-day cooling-off period. All suppliers should phone or write to the customer to make sure it is understood that a contract has been entered into and that the customer is happy with the way the sale was made. If the customer changes their mind they have the right to cancel the contract during this period.

3. **Tell the existing supplier**
   If the existing supplier is not informed of the proposed change, they may block the transfer. This can be done in writing and many companies will also allow this to be done by telephone. NB. There may be circumstances where the existing supplier can prevent switching to a new supplier – this normally occurs where there is an existing fuel debt and the current supplier insists that this debt be recovered before a transfer will be allowed. An exception is prepayment meter customers who are allowed to switch supplier with a debt of up to £500 for gas and £500 for electricity under a process called debt assignment protocol.

4. **Pay any outstanding bills**
   Any outstanding bills with the existing supplier should be paid, otherwise the supplier may block the transfer. Any direct debits or standing orders set up to pay the existing supplier should be cancelled.

5. **Take a meter reading**
   The new supplier will read the meter (or ask for a customer reading) around the time of the switch. The old supplier will use the meter reading to work out the final bill and the new supplier will use it to start the new account. A note should be kept of the reading in case of any future dispute.

6. **How long should it take?**
   The process to transfer supply from one company to another should take no longer than three weeks after the end of a 14-day cooling-off period. The new supplier will keep the client informed of progress.
6.1 Carbon Monoxide

Carbon monoxide is a deadly gas that cannot be seen, smelt or tasted. It can be produced by fuel burning appliances in your home such as a gas boiler. Householders should take the following steps to protect their homes and families:

Make sure that fuel burning appliances such as fires, boilers and gas cookers are regularly serviced by a qualified engineer. For gas appliances engineers must be Gas Safe-registered. For oil and solid fuel appliances it is recommended to use an engineer registered with a relevant trade body, for example HETAS or OFTEC. Ask your engineer for proof of their registration.

Install an audible Carbon Monoxide alarm. These can be bought from DIY stores, supermarkets and high street shops, they cost around £15 and could save lives!

Danger signs are:
- gas flames burning orange or yellow instead of the normal blue
- soot stains on or above the appliance
- coal or wood fires that burn slowly or go out.

Actions to take:
- appliances should be checked for safety every year by a competent person. Gas appliances should only be checked by Gas Safe (official body for gas safety in GB and the Isle of Man) engineers
- the property must be properly ventilated – vents should never be blocked
- chimneys and flues should be regularly swept and cleaned
- carbon monoxide detectors can be purchased (they should conform to British Standard BS 7860).

If you spot a potential hazard on or near an overhead electricity line
- Do not approach any hazard, even at ground level.
- Keep as far away as possible.
- Warn anyone in the vicinity to evacuate the area.
- Contact your distribution network operator (contact details are listed in Appendix F or call 105).

What to do during a power cut
- Switch off all electrical appliances.
- Leave a light on so you know when power is restored.
- Check to see if your neighbours are OK.
- Keep a blanket near you.
- Wrap up warm.
- Keep one room warm and stay in it.

Using phones during a power cut
- Cordless phones take their power straight from the electricity mains and often don't have battery back-up, so are unlikely to work in the event of a power cut even if they are fully charged.
- Mobile phones may work as long as they are fully charged; depending on how widespread the power cut is and how long it lasts.
- You may wish to keep a traditional corded phone which plugs straight into the phone socket for a situation such as power cuts to enable you to make essential calls.

Restoring supply is the responsibility of the local electricity distribution company that maintains the cables and wires supplying electricity to the home. If the power cut is caused by a fault on the network the householder may be entitled to a payment if it:
- lasts for longer than 12 hours in normal weather where the power cut affects less than 5000 homes
- lasts for longer than 24 hours in normal weather where the power cut affects more than 5000 homes
- lasts for 24-48 hours in severe weather, and
- is the distributor’s fault.

6.2 Power Cuts

The UK’s electricity network is very reliable. However, problems sometimes occur that affect your electricity supply. In these circumstances, please do not panic. There is a simple, free number to call which will put you through to your local electricity network operator. If you have a power cut or need to report damage to power lines just dial 105 or visit www.powercut105.com.
6.3 Gas Emergencies

If you smell gas or are worried about gas safety, call 0800 111 999 at any time, day or night and you will be put through to a trained operator who will take all the details. If you smell gas:

- Open windows and doors to get rid of gas by ventilating the rooms.
- Don't touch electrical switches – turning switches on or off can ignite escaping gas.
- Extinguish all naked flames.
- Turn off gas at the valve unless the meter is in the basement or cellar – if you smell gas there, evacuate the building.
- Don't smoke or strike matches.

If a gas main pipe is dug up or breached, contractors should call the emergency helpline number on 0800 111 999.

999 is for use when an IMMEDIATE RESPONSE is required and should only be used if:

- Someone is in immediate danger.
- Someone needs immediate emergency medical care.
- A crime is taking place or about to happen.

In any other circumstance, please call the non-emergency contact numbers listed in Appendix F.

6.4 Annual Gas Safety Check

If the home is rented then the landlord has a legal duty to carry out an annual safety check of gas appliances and provide the tenant with a Gas Safety Certificate. If the landlord hasn’t supplied this the tenant should ask the landlord for a copy. If you are a homeowner and on certain benefits you may be eligible for a free annual gas safety check. Contact your gas supplier to check your eligibility and ask about registering with their Priority Services Register.

If you smell gas call the 24-hour National Gas Emergency service on 0800 111 999. If you have a power cut call the national power cut phoneline on 105. For further information on how to stay safe go to www.co-bealarmed.co.uk

Appendices & Contacts

Appendix A - Getting legal help with housing issues

Anyone renting their home, whether in the private sector or social sector, is entitled to a warm and healthy environment.

The Housing Health and Safety Rating System (HHSRS) was introduced by the Housing Act 2004 and acts as an objective measure to assess housing standards. The HHSRS places considerable emphasis on the need for a warm and healthy living environment and, consequently, reasonable standards of heating and insulation.

In many cases, however, landlords, whether private or public sector, will be reluctant to take expensive remedial action to resolve the heating, insulation and ventilation problems that cause fuel poverty and cold, damp housing.

In such cases, tenants may feel compelled to initiate action involving technical and/or legal intervention.

The following agencies may be helpful for legal and technical advice on housing matters:

Civil Legal Advice

If you are eligible for legal aid you can contact Civil Legal Advice for free, confidential legal advice on a number of matters including housing.

Tel: 0345 345 4 345
Minicom: 0345 609 6677
Monday to Friday, 9am to 8pm
Saturday, 9am to 12:30pm
www.gov.uk/civil-legal-advice

Law Centres Federation

The Law Centres Federation (LCF) can provide details of local law centres for access to advice and guidance on housing issues. For more information on local law centres visit: www.lawcentres.org.uk/contact-us

Tel: 020 3637 1330 (note that this is not an advice line).
Appendices & Contacts

AdviceUK (formerly the Federation of Independent Advice Centres)
AdviceUK does not provide direct advice but can refer on to many different specialist advice agencies across the UK.
www.adviceuk.org.uk

Shelter
Shelter gives practical housing advice and support online, in person and by phone. Their experts can provide free, confidential advice 365 days a year, helping with everything from mortgage arrears to finding a place to sleep.
www.shelter.org.uk

LEASE
LEASE, The Leasehold Advisory Service, is a non-departmental public body funded by government to provide free legal advice to leaseholders, landlords, professional advisers, managers and others on the law affecting residential leasehold in England and Wales.

LEASE can provide advice by telephone, letter, email or in person at the office; they can arrange seminars and group meetings where large numbers of leaseholders want to discuss a joint issue and publish a wide range of free advice notes.
Tel: 0207 832 2500 Monday-Friday 9am-5.30pm
www.lease-advice.org

Appendix B - Extra help for vulnerable customers

Community Action on Fuel Poverty
NEA and British Gas have created a resource to facilitate frontline workers and stakeholders in being able to tackle fuel poverty. Resources include:
• a quickstart toolkit
• initiative starter kits
• resources and downloads
• practitioner FAQs
• smart meters
• articles covering a range of issues

The website can be accessed here:
www.fuelpovertyresource.org.uk

Special services provided by energy suppliers
Householders who meet any of the criteria set out below can apply for inclusion on their energy supplier’s Priority Services Register:
• pensionable age
• disabled
• chronically sick
• sight or hearing difficulties.

Services available through the Priority Services Register include:
• Free gas appliance safety check. This check will ensure that gas appliances are safe and that they are not giving out a harmful level of carbon monoxide. If the gas supply must be turned off for safety reasons, and all adults in the home are eligible for the Priority Services Register, alternative cooking and heating facilities will be provided.
• Relocation of meter for improved access. If it is difficult to read or access the electricity or gas meter, energy companies will consider moving the meter, free of charge, to a more convenient position
• Password protection scheme. Energy companies and customers can agree a personal password for use by company staff when they visit the home. In this way, customers will be protected from bogus callers pretending to be representatives of the gas/electricity company.
• Quarterly meter readings. Some companies do this as standard, but if customers have difficulty in reading their meter or are worried about inaccurate bills, their supplier can arrange for someone to call every quarter to read the meter.
• Bill nominee scheme. On request, bills can be sent to the address of a friend, relative or carer so that they can help to arrange payment.
• Advance notice if electricity supply is to be interrupted. Companies should recognise the possible increased dependence on energy services by vulnerable consumers e.g. those reliant on electricity to operate medical equipment, and make special efforts to provide these consumers with advance warning of supply interruptions.
• Services for customers with impaired hearing or vision. Companies can provide Braille and talking bills and must also have available suitable facilities to handle complaints and enquiries from customers who are visually or hearing impaired.

In addition, suppliers are also prohibited from disconnecting any premises occupied by a customer eligible for the PSR during the winter months (1 October - 31 March).
Special services provided by Distribution Network Operators (DNOs)

Vulnerable householders that would benefit from extra help during power cuts can also register to be on the Priority Services Register of their electricity distribution company. Assistance will vary depending on the operator and personal circumstances but may include the provision of a special priority number to call during power cuts or supply interruption; and provision of items such as blankets, generators, hot drinks and snacks.

Qualifying criteria include relying on medical equipment such as a Home Kidney Dialysis Machine or Oxygen Concentrator; having a medical condition that restricts the ability to move; requiring alternative methods of communication due to hearing or sight impairment or if English is not their first language. Households may also need additional advice and support if they are elderly, have young children or are in fuel poverty.

Details of which electricity distribution company serves a particular property can usually be found on the household’s electricity bill or by visiting www.nationalgrid.co.uk.

Applying for the Priority Services Register

To ensure a householder receives additional services they need to sign up to their supplier’s and distributor’s Priority Services Register. Remember that the supplier/distributor may not be aware that the householder is vulnerable or has additional needs. Each supplier and distributor for electricity, and supplier for gas, will need to be informed.

Appendix C - Home Improvement Agencies

Home Improvement Agencies also known as HIAs and Care and Repair are locally-based organisations that assist certain homeowners and private sector tenants to repair, improve, maintain or adapt their homes. Clients of Home Improvement Agencies include older households, families where a member is living with a disability and financially disadvantaged households. They operate on a not-for-profit basis.

How Home Improvement Agencies can help

Every home improvement agency provides a range of services depending on the needs of the local community. Their services can include some or all of the following:

- Providing a list of reliable local builders and contractors
- Home visits to give advice about any problems with the condition of the home
- Setting out housing options and helping clients decide which is best for them
- Helping access other local support services
- Checking whether clients are entitled to any financial help (for example, disability benefits, or money to help repair or adapt their home)
- Helping with any work clients decide to have carried out in their home. For example, drawing up plans, getting estimates and liaising with service providers and occupational therapists etc.
- Additional services such as providing a handypeople service to carry out small jobs around the home, help with gardening, or coming home from hospital
- Helping to make the home more energy-efficient.

The Home Improvement Agency network is supported by Foundations; an organisation that provides training, advice and other support services to the sector and represents it in discussions with the English Government.

Contact details for local Home Improvement Agencies for England can be obtained by ringing Foundations on: 0300 1240315
Appendices & Contacts

Appendix D - Complaints and enquiries

In the event of a complaint about electricity or gas issues including problems with switching supplier, the first contact should be with the company that currently supplies the gas or electricity – the address and telephone number will be on the bill. Most problems should be capable of quick and simple resolution.

If the company’s response is not to the satisfaction of the customer and the dispute cannot be resolved in a satisfactory manner the energy supplier will issue a ‘deadlock’ letter. Once this letter has been issued the customer can approach the Energy Ombudsman to ask for their involvement in examining the complaint. The customer has six months from issue of the ‘deadlock’ letter to contact the Energy Ombudsman. The role of the Energy Ombudsman is to act as an independent broker in disputes between energy suppliers and customers including:

- problems with billing
- complaints about the switching process
- complaints about sales activities

Energy Ombudsman
PO Box 966, Warrington ,WA4 9DF
Tel: 0330 440 1624
Textphone: 0330 440 1600
Email: osenquiries@os-energy.org

Citizens Advice
For advice and help with any stage of the complaint making process you can call the Citizens Advice consumer helpline on 03454 04 05 06. It is open from 9.00am-5.00pm, Monday to Friday.

Trading Standards Offices
A major area of concern in the energy market has been unscrupulous practices in marketing – particularly with regard to doorstep selling. Trading Standards Officers have brought successful prosecutions in cases where customers have been induced to sign contracts under the impression that they were simply requesting further information. It is also a criminal offence not to give notice of the statutory 14-day right to cancel any such contract.

Trading Standards Officers have powers under the Trade Description Act 1968 to take action against companies or agents who are responsible for misleading information. The Consumer Protection Act 1987 also authorises Trading Standards Officers to act on inaccurate pricing claims and comparisons.

Appendix E - Additional support to help manage finances

StepChange Debt Charity
StepChange Debt Charity is the UK’s leading debt advice organisation. They offer free advice and support for people struggling with debt problems, including debts to utility providers.

They can help put together a budget which will assist in repaying gas and electricity arrears and they will also look to see if there are any relevant solutions that can help the situation.

For free expert help call 0800 138 1111 (Mon-Fri 8am-8pm, Sat 8am-4pm). Calls are free from landlines and mobiles. You can also visit www.stepchange.org

Turn2us
Turn2us helps people in financial need gain access to welfare benefits, charitable grants and other financial help – online, by phone and face-to-face through partner organisations.

For further information or advice contact: 0808 802 2000 (Mon-Fri 9am-8pm) or visit www.turn2us.org.uk

NEA Advice
You can also find further energy efficiency and practical advice about how to keep warm in your home on the NEA advice pages www.nea.org.uk/advice

NEA information leaflets as well as this guide and a video guide to keeping warm and saving money on your energy bills called The Heat is On are all available to download from our website.
Appendix F - Useful contacts

**FINANCIAL**

- Pension Credit application line
  0800 99 12 34
- Winter Fuel Payments helpline
  0800 7310160
- Job Centre Plus
  0800 055 6688

**HEALTH AND SAFETY**

- Distribution Network Operators’ Power Cut line
  105
- Health & Safety Executive gas safety advice line
  0800 300 3633
- Gas Safe (previously Corgi)
  0800 408 5500
- National Gas Emergency Service (gas leaks)
  0800 111 999
- Solid Fuel Association (coal and wood)
  01773 835400
- OFTEC
  01473 626298

**SWITCHING SUPPIERS**

- www.uswitch.com
- www.simplyswitch.com
- www.theenergyshop.com
- www.moneysupermarket.com
- www.quotezone.com
- www.unravelit.com
- www.energylinx.co.uk
- www.energyhelpline.com
- www.switchgasandelectric.com
- www.myutilitygenius.co.uk
- www.runpathdigital.com/gas-electricity

**LOCAL AGENCIES**

- Law Centres Federation
  020 3637 1330  www.lawcentres.org.uk
- Civil Legal Advice
  0345 345 4345
- Advice UK
  0300 777 0107

**COMPLAINTS AND ENQUIRIES**

- Citizens Advice Consumer Helpline
  0345 404 0606
- Energy Ombudsman
  0330 440 1624
  PO Box 966
  Warrington
  WA4 9DF
  Email: osenquiries@os-energy.org

**NOTE ABOUT TELEPHONE CALL CHARGES**

The cost of calling a phone number depends on the digits it starts with, your phone provider and whether you use a landline or mobile. You may get free calls to some numbers as part of your call package. Check with your phone provider. Visit [www.gov.uk/call-charges](http://www.gov.uk/call-charges) for a list of approximate call charges. Check with your phone provider to find out the actual cost. Calls from payphones can cost more.
If you have a power cut call 105

If you are worried about a gas emergency, call 0800 111 999

Customers can contact their network operator’s Priority Services teams to ask about being added to the register on the number below:

NORTH SCOTLAND
Scottish and Southern Electricity Networks
Telephone: 0800 300 999
Textphone: 0800 316 5457
www.ssen.co.uk
Twitter: @ssencommunity

Priority Services:
Landline: 0800 294 3259
Textphone 0800 316 5457

CENTRAL & SOUTHERN SCOTLAND
SP Energy Networks
Telephone: 0800 092 9290
www.spenergynetworks.co.uk
Twitter @SPEnergyNetwork.

Priority Services:
Telephone: 0330 101 0444

NORTH EAST ENGLAND
Northern Powergrid
Telephone: 0800 668 877
www.northernpowergrid.com
Twitter @Northpowergrid

Priority Services:
Telephone: 0800 169 2996
Textphone: 0800 169 1136 (Northeast)
If English is not your first language, call 0800 389 8204

NORTH WEST ENGLAND
Electricity North West
Telephone: 0800 195 4141
www.enwl.co.uk
Twitter @ElectricityNW

Priority Services: If you are hard of hearing call 0800 458 9767 using a minicom

YORKSHIRE
Northern Powergrid
Telephone: 0800 375 675
www.northernpowergrid.com
Twitter @Northpowergrid

Priority Services:
Telephone: 0800 169 2996
Textphone: 0800 028 9507 (Yorkshire)
If English is not your first language, call 0800 389 8204
MERSEYSIDE, CHESHIRE, NORTH WALES & NORTH SHROPSHIRE
SP Energy Networks
Telephone: 0800 001 5400
www.spenergynetworks.co.uk
Twitter @SPEnergyNetwork
Priority Services:
Telephone: 0330 101 0444

THE MIDLANDS, SOUTH WALES & SOUTH WEST ENGLAND
Western Power Distribution
Telephone: 0800 6783 105
www.westernpower.co.uk
Twitter @WPDUK
Priority Services:
Telephone: 0845 724 0240
Textphone: 0845 6012318 (or use Text Relay)
Fax call: 01208 892292

EASTERN ENGLAND, LONDON & SOUTH EAST ENGLAND
UK Power Networks
Telephone: 0800 316 3105
From a mobile: 0333 323 2105
www.ukpowernetworks.co.uk
Twitter @UKPowerNetworks

SOUTHERN ENGLAND
Scottish and Southern Electricity Networks
Telephone: 0800 072 7282
Textphone: 0800 316 5457
www.ssen.co.uk
Twitter @ssencommunity
Priority Services:
Landline: 0800 294 3259
Textphone: 0800 316 5457

NORTHERN IRELAND
Northern Ireland Electricity
Telephone: 03457 643 643
www.nie.co.uk
Twitter @NIElectricity
Critical Care Register: If you are registered for critical care your call will be given priority. To register go to https://bit.ly/2NSYYXC

REPUBLIC OF IRELAND
ESB Networks
Telephone: 1850 372 999 (or, if you are calling from outside Republic of Ireland, phone 00 353 21 2382410)
www.esb.ie
Twitter @ESBNetworks
Customers can contact their relevant Gas Distribution Network Operator for non-emergency enquiries, including advice in severe weather conditions/flooding situations on the number below:

**NORTH EAST AND NORTH YORKSHIRE**
Northern Gas Networks  
Telephone: 0800 040 7766  
www.northerngasnetworks.co.uk  
Twitter @NGNgas

**SOUTH/SOUTH EAST OF ENGLAND**
SGN  
Telephone: 0800 912 1700  
www.sgn.co.uk  
Twitter: @SGNgas

**NORTH WEST, MIDLANDS, EAST OF ENGLAND AND NORTH LONDON**
Cadent  
Telephone: 0845 835 1111  
www.cadentgas.com  
Twitter: @CadentGasLtd

**WALES AND THE WEST COUNTRY**
Wales & West Utilities  
Telephone: 0800 912 2999  
www.wwutilities.co.uk  
Twitter: @WWUtilities

**SCOTLAND**
SGN  
Telephone: 0800 912 1700  
www.sgn.co.uk  
Twitter: @SGNgas