

# FIND A TICK? REMOVE IT QUICK.



Lyme Disease is spread by ticks and can be a serious condition if not treated early. If you find one on your body, remove the whole tick carefully.

If you get a red circular rash on your skin,  
or develop flu-like symptoms visit  
**[nhsinform.scot/lyme-disease](https://nhsinform.scot/lyme-disease)** for more info.



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