

SAMARITANS
Scotland



#BrewMonday

There's always time for a cuppa and a catch-up

Now is the perfect time to
connect with those around you

It doesn't matter if it's Monday morning or
Saturday night, or if you're drinking green tea,
black coffee or orange juice. If you're sharing
a cuppa and listening, you're doing it right.

Find out more at samaritans.org/brewmonday



A registered charity

Supported by
the rail industry

