

Name	Citation
St. Andrew's Award recipients	
Constable James Henderson & Constable Steven Prentice – unable to attend	Called to an incident of a man on the roof of residential flats in a busy housing estate throwing slates and tiles to the ground. The officers attempted to negotiate with the man to bring him to safety whilst waiting arrival of specialist negotiators. The man left the roof, climbed into the roof space, tied a noose around his neck and attempted to take his own life. Ignoring instructions that the officers should not enter the roof void for safety reasons they climbed through a small hatch and on reaching him released the tight ligature about his neck. He was unconscious and they revived him, and despite him being hostile to them they kept him calm and safe until support arrived.
Winch Paramedic Norman MacLeod (Stornoway Rescue Team) unable to attend	In high seas two crew members onboard a Spanish ship had an accident, leaving them with life threatening injuries both having lost a leg. He was winched below to board the tilting vessel where other crew members were in a state of shock. He tended to both casualties onboard then helped to have them winched to the helicopter before being transferred to hospital.
Brave@Heart Winners	
Constable Colin Crawford & Sergeant Lara McCabe	These two officers tried twice to enter a burning flat where a woman had reportedly been trapped inside. On the second attempt they eventually gained entry and found the unconscious woman inside and managed to drag her outside to safety.
Constable Craig Hannah	A woman made a welfare call to the police reporting that she had been in the sea for over an hour and wanted to go to sleep. Constable Hannah and a colleague were dispatched and upon arrival saw the woman up to neck height in the water. They threw a line out to the woman and dragged her to safety onshore where she received medical treatment from awaiting ambulance crew. The other officer does not wish for their information to be shared externally and has therefore not been nominated.
Constable Nicole McEwen, Constable Rob Philips & Constable James Griffin	These three officers responded to a call of a vehicle submerged 15 meters offshore, in a remote area. One officer saw a person was trapped and all three removed their armour and gave assistance to drag them ashore. Sadly, after 20 minutes of CPR the casualty was pronounced dead at scene.

<p>Melissa Watson and Drae Martin, Teagan Ramsay – only Melissa able to attend</p>	<p>These three young people noticed a flat on fire and tried to make the occupier aware, however with no response they raised the alarm with other residents and waited for the Fire Service to arrive. The man was rescued and taken to hospital before the fire could take hold.</p>
<p>Rhoderick & Andrew MacGregor</p>	<p>Before fire fighters arrived at the scene of a well-developed fire this father and son attempted to rescue their neighbour and her three grandchildren (aged 14,11 and 9). They managed to help two of the three children out of the burning building but had been unable to locate their neighbour or the third child. On arrival, the fire crew adorned breathing apparatus, entered the property and located both missing persons who required CPR. All three children were taken to hospital for medical treatment and made a full recover but sadly their grandmother succumbed to her injuries.</p>
<p>Alice Cadywould (Aged 6 at time of the event)</p>	<p>This young girl was at home with her dad when her younger brother aged just 2 had a seizure. Not only did Alice recognise that her brother was unwell and alert her dad, but she also informed a neighbour and kept a watch for the ambulance. Alice had been made aware of her brother's condition- by her parents and knows exactly what to look for if he a having a seizure.</p>
<p>Captain Chris Whittington, Co-pilot Michael Hennelly, Winch Operator John Carrigan, Winch paramedic Norman MacLeod</p>	<p>In response to an urgent request for help for two men involved in an accident on a Spanish shipping vessel the Stornoway Search & Rescue Team transferred their winch paramedic onboard the ship where it was quickly established that both casualties would need to be taken in one aircraft. In high seas and dangerous conditions, they got both casualties onto the helicopter and gave medical treatment on route back to Stornoway.</p>